**VSA Player Evaluation**

**Player: Team: Position:**

**Players:** For each of the components listed below, highlight a number 1-4 in YELLOW that you feel best describes your performance.

* **1.** Are areas where you excel.
* **2.** Are areas that are strengths but still need improvement.
* **3.** Are areas that can let you down under pressure.
* **4.** Are areas that you need to focus upon.

**Technical:**

Dribbling Passing

Using different parts of the feet 1 2 3 4 Use of both feet 1 2 3 4

To possess the ball 1 2 3 4 With the inside of the foot 1 2 3 4

For speed / running with the ball 1 2 3 4 Passing with disguise 1 2 3 4

To create space 1 2 3 4 Driven ball 1 2 3 4

To beat a player 1 2 3 4 Lofted drive 1 2 3 4

Receiving Shooting and finishing

Balls on the ground From close range 1 2 3 4

Use of both feet 1 2 3 4 From distance with laces 1 2 3 4

Using the inside of the foot 1 2 3 4 Off the dribble 1 2 3 4

Using the outside of the foot 1 2 3 4 On the turn 1 2 3 4

With back to goal 1 2 3 4 Use of both feet 1 2 3 4

With disguise 1 2 3 4 With attacking headers or volleys 1 2 3 4

Balls in the air and bouncing balls Defending

With the foot 1 2 3 4 Winning the ball 1 2 3 4

Using the thigh or chest 1 2 3 4 Individual defending 1 2 3 4

With the back to goal 1 2 3 4 Winning balls in the air 1 2 3 4

**Tactical:**

Decision-Making in possession Support Play in possession

When to dribble or when to pass 1 2 3 4 Angles of support 1 2 3 4

When to play backwards 1 2 3 4 Creating width and depth 1 2 3 4

Passing to keep possession 1 2 3 4 Mobility, create/exploit space 1 2 3 4

Switching Play 1 2 3 4

Forward passing 1 2 3 4

Passing to penetrate 1 2 3 4 Defending

 Pressing the ball 1 2 3 4

 Tracking and recovery runs 1 2 3 4

 Support and covering positions 1 2 3 4

**Athletic Ability: Personality:**

Speed 1 2 3 4 Game and Practice Mentality 1 2 3 4

Basic soccer speed from 10-30 yards Level of focus and commitment

Acceleration 1 2 3 4 Positive Attitude 1 2 3 4

The ability to change speed to lose opponents Do players give 100% regardless of the game situation

Strength 1 2 3 4 Are the Players Coachable 1 2 3 4

All round body strength Are they attentive and open to learning

Soccer Fitness 1 2 3 4 Soccer IQ 1 2 3 4

The ability to play at a high tempo Level of soccer intelligence

Agility and Balance 1 2 3 4 Communication 1 2 3 4

The ability to change direction Soccer related with team mates during practices and games

**Comments:**